

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

# AUGUST / SEPTEMBER 2017

Slatington Elementary

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain rolls, entrée salads, yogurt, cereal, main entrée and alternate

## Monday

Breakfast: Cereal **28**

Stuffed Shells  
Steamed Carrots  
Dinner Roll

Choice of Fruit, Juice or Milk  
Alt: Grilled Chicken Wrap

SCHOOLS CLOSED  
LABOR DAY HOLIDAY **4**

*Happy Labor Day!!*  


Breakfast: Muffin **11**

Chicken Patty on WG Roll  
Spinach Salad  
Sweet Potato Fries  
Choice of Fruit, Juice or Milk  
Alt: Pizza

Breakfast: Pop Tart **18**

Ham & Cheese Hoagie  
Cauliflower  
Snack Bag  
Choice of Fruit, Juice or Milk  
Alt: Cheeseburger

Breakfast: Pop Tart **25**

Cheesesteak Sandwich  
French Fries  
Steamed Green Beans  
Choice of Fruit, Juice or Milk  
Alt: Hot Dog on WG Roll

## Tuesday

Breakfast: Pop Tart **29**

Chicken Nuggets w/Sauce  
Baked Beans  
Red Beets

Choice of Fruit, Juice or Milk  
Alt: Grilled Chicken Wrap

Breakfast: Muffin **5**

French Toast Stix w/Syrup  
Sausage Patty, Tator Tots

Choice of Fruit, Juice or Milk  
Alt: Grilled Ham & Cheese

Breakfast: Egg & Cheese Sandwich **12**

Cheeseburger  
Cucumbers, Celery & Carrots  
With Dip, Onion Rings  
Choice of Fruit, Juice or Milk  
Alt: Pizza

Breakfast: Cereal **19**

Chicken Fries  
Baked Beans  
Soft Pretzel  
Choice of Fruit, Juice or Milk  
Alt: Cheeseburger

Breakfast: Cereal **26**

Grilled Cheese Sandwich  
Tomato Soup, Cauliflower  
Goldfish Crackers  
Choice of Fruit, Juice or Milk  
Alt: Hot Dog on WG Roll

## Wednesday

Breakfast: Muffin **30**

Taco (soft or hard)  
w/lettuce, tomato, cheese,  
Nacho chips, Black Bean Salsa

Choice of Fruit, Juice or Milk  
Alt: Grilled Chicken Wrap

Breakfast: Cereal **6**

Pork BBQ on WG Roll  
Crispy Fries, Creamed Cabbage

Choice of Fruit, Juice or Milk  
Alt: Grilled Ham & Cheese

Breakfast: Cereal **13**

Grilled BBQ Chicken  
Pierogies  
Baked Beans, Applesauce  
Choice of Fruit, Juice or Milk  
Alt: Pizza

Breakfast: Cheese Omelet w/Toast **20**

Hot Dog on WG Roll  
Macaroni & Cheese  
Stewed Tomatoes  
Choice of Fruit, Juice or Milk  
Alt: Cheeseburger

Breakfast: Cinnamon Stix **27**

Chicken Fajita w/ Sauteed  
Peppers & Onions  
Sante Fe Rice  
Choice of Fruit, Juice or Milk  
Alt: Hot Dog on WG Roll

## Thursday

Breakfast: Bagel **31**

California Cheeseburger  
Crispy Fries  
Steamed Corn

Choice of Fruit, Juice or Milk  
Alt: Grilled Chicken Wrap

Breakfast: French Toast Stix **7**

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes  
Choice of Fruit, Juice or Milk  
Alt: Grilled Ham & Cheese

Breakfast: Cinnamon Roll **14**

Taco in a Bag  
Lettuce, Tomato, Sour Cream  
Salsa w/Black Beans  
Choice of Fruit, Juice or Milk  
Alt: Pizza

Breakfast: Pancakes **21**

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes  
Choice of Fruit, Juice or Milk  
Alt: Cheeseburger

Breakfast: Cereal Bar **28**

French Toast w/Syrup  
Sausage, Hash Brown Triangles,  
Strawberries w/Topping  
Choice of Fruit, Juice or Milk  
Alt: Hot Dog on WG Roll

## Friday

SCHOOLS CLOSED  
LABOR DAY HOLIDAY **1**



Breakfast: Bagel **8**

Calzone w/Marinara Sauce  
Steamed Carrot Coins

Choice of Fruit, Juice or Milk  
Alt: Grilled Ham & Cheese

Breakfast: Waffles **15**

Chicken Alfredo  
Sweet Peas  
Breadstick  
Choice of Fruit, Juice or Milk  
Alt: Pizza

Breakfast: Muffin **22**

Meatball Parmesan on WG Roll  
Side of Pasta  
Steamed Broccoli  
Choice of Fruit, Juice or Milk  
Alt: Cheeseburger

Breakfast: Muffin **29**

Mozzarella Filled Twisted  
Dough Breadstick w/  
Marinara Sauce, Romaine Salad  
Choice of Fruit, Juice or Milk  
Alt: Hot Dog on WG Roll

Breakfast: \$1.45  
Lunch: \$2.55

Reduced Breakfast: \$0.30  
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE