

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

OCTOBER 2017

Slatington Elementary

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain rolls, entrée salads, yogurt, cereal, main entrée and alternate

Monday

Breakfast: Pop Tart **2**

Mini Ravioli
Dinner Roll
Steamed Broccoli

Alt: Chicken Wrap

Teacher's In-Service
No School **9**



Breakfast: Eggs & Toast **16**

Chicken Patty on WG Roll
Steamed Spinach
Tator Stars

Alt: Pizza

Breakfast: Muffin **23**

Pork w/Sauerkraut on side
Mashed Potatoes, Applesauce
Dinner Roll, Fruit Snack

Alt: Cheeseburger

Breakfast: Pop Tart **30**

Cheesesteak
Veggie Mix
Crispy Fries

Alt: Hot Dog on WG Roll

Tuesday

Breakfast: Cereal **3**

Chicken Nuggets w/Sauce
Baked Beans
Pasta Salad

Alt: Chicken Wrap

Breakfast: Pop Tart **10**

French Toast Stix
Sausage Patty
Tator Tots

Alt: Grilled Ham & Cheese

Breakfast: Muffin **17**

Cheeseburger on WG Roll
Steamed Carrots
Onion Rings

Alt: Pizza

Breakfast: Egg & Cheese Sandwich **24**

Chicken Fries
Baked Beans, Cucumber Stix
Pumpkin Pretzel

Alt: Cheeseburger

Breakfast: Cereal **31**

Goblin Spaghetti w/Meatballs
Green Beans, Bread & Butter
Spooky Ice Cream Sundae

Alt: Hot Dog on WG Roll

Wednesday

Breakfast: Cinnamon Stix **4**

Ham & Cheese Melt on
Pretzel Roll, Baked Chips
Steamed Zucchini

Alt: Chicken Wrap

Breakfast: Muffin **11**

Pork BBQ
Creamed Cabbage
Rosemary Garlic Red Potatoes

Alt: Grilled Ham & Cheese

Breakfast: Cereal **18**

Grilled BBQ Chicken
Pierogies, Baked Beans
Applesauce

Alt: Pizza

Breakfast: Cereal **25**

Hot Dog on WG Roll
Macaroni & Cheese
Stewed Tomatoes

Alt: Cheeseburger

Thursday

Breakfast: Scrambled Eggs & Toast **5**

California Cheeseburger
Crispy Fries, Sweet Corn

Alt: Chicken Wrap

Breakfast: Bagel **12**

Luncheon for SE Parents
Bulldog Bowl
Popcorn Chicken, Corn,
Mashed Potatoes

Alt: Grilled Ham & Cheese

Breakfast: French Toast Stix **19**

Nachos Grande
w/Lettuce, Tomatoes,
Cheese, Santa Fe Rice

Alt: Pizza

Breakfast: Cinnamon Roll **26**

Bulldog Bowl
Popcorn Chicken, Corn,
Mashed Potatoes

Alt: Cheeseburger

Friday

Breakfast: Cereal Bar **6**

Tailgate / Homecoming Party
Chicken Cheese Quesadilla
w/Salsa & Sour Cream
Carrots/Celery w/Dip
Warm Chocolate Chip Cookie
Alt: Chicken Wrap

Breakfast: Pancakes **13**

Corn Dog, Baked Beans
Cucumbers, Carrots, Broccoli
with Dip

Alt: Grilled Ham & Cheese

Breakfast: Bagel **20**

Chicken Alfredo
Sweet Peas
Bread Stick

Alt: Pizza

Breakfast: Waffles **27**

Meatball Hoagie
Steamed Broccoli
Side of Pasta

Alt: Cheeseburger

Included with all meals is a choice of:
Fruit, Juice or Milk

Breakfast: \$1.45
Lunch: \$2.55

Reduced Breakfast: \$0.30
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE