

Guidelines for secondary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

# NOVEMBER 2017

## High School

Daily Selection of Entrees: Pizza, Entrée Salads, Assorted Deli Sandwiches, Yogurt, Choice of Fresh Fruits and Steamed Vegetables

Monday

Tuesday

Wednesday

Thursday

Friday

Grab 'N Go Breakfast 1

Chicken Fajita w/Peppers, Onions, Lettuce, Tomato, Sour Cream, Santa Fe Rice

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 2

Meatloaf  
Mashed Potatoes  
Steamed Carrots

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 3

Pork Riblets on a WG Roll  
Parmesan Zucchini  
Ice Cream Treat

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 6

Stuffed Shells  
In Marinara Sauce  
Steamed Broccoli, Dinner Roll

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 7

Taco Tuesday!  
Taco w/Lettuce, Tomato, Cheese, Nacho Chips, Black Bean Salsa

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 8

Chicken Nuggets  
Crispy Fries, Honey Beans  
Soft Pretzel

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 9

California Cheeseburger  
Onion Rings  
Steamed Corn

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 10

Tangerine Chicken over Rice  
Sweet Peas, Mandarin  
Oranges, Fortune Cookie

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 13

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 14

French Toast w/Syrup  
Hash Brown Triangles  
Sausage Patty

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 15

Hamburger BBQ on WG Roll  
Tator Tots  
Cheesy Broccoli

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 16

THANKSGIVING MEAL!  
Turkey, Filling, Corn, Sweet  
Potatoes, Cranberry Sauce  
Pumpkin Ice Cream  
~ No Alternate Today Only ~

Grab 'N Go Breakfast 17

Meatball Parmesan  
on a WG Roll  
Side of Pasta, Green Beans

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 20

Chicken Patty on WG Roll  
w/Lettuce & Tomato  
Spinach Salad, Tator Tots

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 21

Cheeseburger on Pretzel Roll  
Onion Rings, Baked Beans  
Carrot Stix

Alt: Daily Selection of Entrees\*

SCHOOLS CLOSED 22  
TEACHER IN-SERVICE



SCHOOLS CLOSED 23  
THANKSGIVING DAY



SCHOOLS CLOSED 24  
THANKSGIVING HOLIDAY



SCHOOLS CLOSED 27  
THANKSGIVING HOLIDAY



Grab 'N Go Breakfast 28

Chicken Tenders w/BBQ  
Sauce, Broccoli,  
Cinnamon Applesauce

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 29

Hot Dog on WG Roll  
Macaroni & Cheese  
Stewed Tomatoes

Alt: Daily Selection of Entrees\*

Grab 'N Go Breakfast 30

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes

Alt: Daily Selection of Entrees\*



Included with all meals is a choice of:  
Fruit, Juice or Milk

Breakfast: \$1.95  
Lunch: \$2.80

Reduced Breakfast: \$0.30  
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE