

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

# NOVEMBER 2017

Peters Elementary

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain rolls, yogurt, cereal, main entrée and alternate

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: Pop Tart **6**

Cheese Ravioli  
In Marinara Sauce  
Steamed Broccoli, Dinner Roll  
Alt: Sunbutter & Jelly Sandwich

Breakfast: Cereal **13**

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes  
Alt: Cheeseburger

Breakfast: Egg & Toast **20**

Chicken Patty on WG Roll  
w/Lettuce & Tomato  
Spinach Salad, Tator Tots  
Alt: Pizza

**SCHOOLS CLOSED 27**  
**THANKSGIVING HOLIDAY**



Breakfast: Cereal **7**

Taco Tuesday!  
Taco w/Lettuce, Tomato,  
Cheese, Nacho Chips,  
Black Bean Salsa  
Alt: Sunbutter & Jelly Sandwich

Breakfast: Pop Tart **14**

**THANKSGIVING MEAL!**  
Turkey, Filling, Corn, Sweet  
Potatoes, Cranberry Sauce  
Pumpkin Ice Cream  
~ No Alternate Today Only ~

Breakfast: Muffin **21**

Cheeseburger on Pretzel Roll  
Onion Rings, Baked Beans  
Carrot Stix  
Alt: Pizza

Breakfast: Egg & Cheese **28**  
Sandwich

Chicken Tenders w/BBQ  
Sauce, Broccoli,  
Cinnamon Applesauce  
Alt: Chicken Wrap

Breakfast: Cinnamon Stix **8**

Chicken Nuggets  
Crispy Fries, Honey Beans  
Soft Pretzel  
Alt: Sunbutter & Jelly Sandwich

Breakfast: Muffin **15**

Chicken BBQ Pizza  
Sweet Peas, Spinach Salad  
Roasted Chick Peas  
Alt: Cheeseburger

**SCHOOLS CLOSED 22**  
**TEACHER IN-SERVICE**



Breakfast: Cereal **29**

Hot Dog on WG Roll  
Macaroni & Cheese  
Stewed Tomatoes  
Alt: Chicken Wrap

Breakfast: Cheese **1**  
Omelet & Toast

Chicken Fajita w/Peppers,  
Onions, Lettuce, Tomato,  
Sour Cream, Santa Fe Rice  
Alt: Hot Dog on WG Roll

Breakfast: Pancakes **2**

Meatloaf  
Mashed Potatoes  
Steamed Carrots  
Alt: Hot Dog on WG Roll

Breakfast: Scrambled **9**  
Eggs & Toast

California Cheeseburger  
Onion Rings, Steamed Corn  
Alt: Sunbutter & Jelly Sandwich

Breakfast: Bagel **16**

French Toast w/Syrup  
Hash Brown Triangles  
Sausage Patty  
Alt: Cheeseburger

**SCHOOLS CLOSED 23**  
**THANKSGIVING DAY**



Breakfast: Cinnamon Roll **30**

Bulldog Bowl  
Popcorn Chicken, Corn,  
Mashed Potatoes  
Alt: Chicken Wrap

Breakfast: Muffin **3**

Pork Riblets on a WG Roll  
Parmesan Zucchini  
Applesauce  
Alt: Hot Dog on WG Roll

Breakfast: Cereal Bar **10**

Hamburger BBQ on WG Roll  
Smiley Fries  
Cheesy Broccoli  
Alt: Sunbutter & Jelly Sandwich

Breakfast: Pancakes **17**

Cheese Calzone  
w/Marinara Sauce  
Steamed Carrots  
Side of Penne Pasta  
Alt: Cheeseburger

**SCHOOLS CLOSED 24**  
**THANKSGIVING HOLIDAY**



Included with all meals is a choice of:  
Fruit, Juice or Milk

Breakfast: \$1.45  
Lunch: \$2.55

Reduced Breakfast: \$0.30  
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE