

Guidelines for secondary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

DECEMBER 2017

High School

Daily Selection of Entrées: Pizza, Entrée Salads, Assorted Deli Sandwiches, Yogurt, Choice of Fresh Fruits and Steamed Vegetables

Monday

Tuesday

Wednesday

Thursday

Friday

Grab 'n Go Breakfast 4

Chicken Nuggets w/
Honey or BBQ Sauce
Baked Potato w/Sour Cream
Steamed Green Beans
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 5

Taco Tuesday!
Taco w/Lettuce, Tomato,
Cheese, Nacho Chips,
Black Bean Salsa
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 6

Teriyaki Chicken over Rice
Mandarin Oranges
Sweet Peas
Fortune Cookie
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 7

Spaghetti w/Meat Sauce
Salad, Bread Stick
Ice Cream Treat
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 1

Cheesesteak
Waffle Fries
Honey BBQ Beans

Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 8

Stromboli
Steamed Sweet Peas
Fresh Fruit

Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 11

French Toast w/Syrup
Potato Pancakes
Sausage Links
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 12

CHRISTMAS DINNER!
Turkey, Filling, Corn, Sweet
Potatoes, Cranberry Sauce
Sugar Cookie
~No Alternate Today Only~

Grab 'n Go Breakfast 13

California Cheeseburger
on a Pretzel Roll
Sweet Potato Fries, Mixed Veg
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 14

Bulldog Bowl
Popcorn Chicken, Corn
Mashed Potatoes
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 15

Pork BBQ on WG Roll
Crispy Fries
Cole Slaw

Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 18

Chicken Patty on WG Roll
w/Lettuce & Tomato
Baked Beans, Applesauce
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 19

Fish Sticks w/Tartar Sauce
Crispy Fries
Steamed Carrots
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 20

Cheese Mozzarella Sticks
w/Marinara Sauce
Steamed Broccoli
Mott's Fruit Snack
Alt: Daily Selection of Entrées*

Grab 'n Go Breakfast 21

Walking Taco Thursday!
Taco w/Lettuce, Tomato,
Cheese, Sour Cream,
Black Bean Salsa
Alt: Daily Selection of Entrées*

SCHOOLS CLOSED WINTER RECESS 22



SCHOOLS CLOSED WINTER RECESS 25



SCHOOLS CLOSED WINTER RECESS 26



SCHOOLS CLOSED WINTER RECESS 27



SCHOOLS CLOSED WINTER RECESS 28



SCHOOLS CLOSED WINTER RECESS 29



Included with all meals is a choice of:
Fruit, Juice or Milk

Breakfast: \$1.95
Lunch: \$2.80

Reduced Breakfast: \$0.30
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE

