

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

# JANUARY 2018

## Peters Elementary

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain rolls, yogurt, cereal, main entrée and alternate

### Monday

**SCHOOLS CLOSED** 1  
**WINTER RECESS**

**Happy New Year!**

Breakfast: Muffin 8

**Cheesesteak  
Crispy Fries  
Mixed Vegetables**

Alt: Cheeseburger

**SCHOOLS CLOSED** 15  
**TEACHER IN-SERVICE**



Martin Luther King Jr. Birthday

**SCHOOLS CLOSED** 22  
**TEACHER IN-SERVICE**



Breakfast: Cereal 29

**Pasta Rigatoni  
Tossed Green Salad  
Bread & Butter**

Alt: Grilled Ham & Cheese

### Tuesday

Breakfast: Muffin 2

**Chinese Chicken  
Rice, Beans  
Steamed Broccoli**

Alt: Chicken Wrap

Breakfast: Egg & Cheese Sandwich 9

**Grilled Chicken Strips  
Pierogies, Sweet Peas**

Alt: Cheeseburger

Breakfast: Cereal 16

**Taco Tuesday!!  
Taco w/Lettuce, Tomato,  
Cheese, Nacho Chips,  
Black Bean Salsa**

Alt: Pizza

Breakfast: Cereal 23

**French Toast Sticks w/Syrup  
Sausage Links  
Hash Brown Triangles**

Alt: Hot Dog on WG Roll

Breakfast: Pop Tart 30

**Bulldog Bowl  
Popcorn Chicken,  
Corn, Mashed Potatoes**

Alt: Grilled Ham & Cheese

### Wednesday

Breakfast: Cereal 3

**Hot Dog on WG Roll  
Macaroni & Cheese  
Stewed Tomatoes**

Alt: Chicken Wrap

Breakfast: Cereal 10

**Spaghetti w/Meat Sauce  
Romaine Salad  
Bread Stix**

Alt: Cheeseburger

Breakfast: Cheese Omelet w/Toast 17

**Bulldog Bowl  
Popcorn Chicken,  
Corn, Mashed Potatoes**

Alt: Pizza

Breakfast: Cinnamon Stix 24

**Chicken Patty on WG Roll  
w/Lettuce & Tomato  
Pasta Salad, Mixed Vegetables**

Alt: Hot Dog on WG Roll

Breakfast: Muffin 31

**Pizza Bagel  
Beets, Sliced Peppers  
& Carrots w/Dip**

Alt: Grilled Ham & Cheese

### Thursday

Breakfast: French Toast Stix 4

**Bulldog Bowl  
Popcorn Chicken,  
Corn, Mashed Potatoes**

Alt: Chicken Wrap

Breakfast: Cinnamon Roll 11

**Hot Turkey Sandwich  
Mashed Potatoes  
Steamed Carrots**

Alt: Cheeseburger

Breakfast: Pancakes 18

**California Cheeseburger  
on a WG Roll  
Baked Beans, Onion Rings  
Baby Carrots**

Alt: Pizza

Breakfast: Pop Tart 25

**Ham & Cheese Melt  
on a Pretzel Roll  
Vegetable Soup, Applesauce**

Alt: Hot Dog on WG Roll

### Friday

Breakfast: Bagel 5

**Corn Dog  
Smiley Fries, Sautéed  
Green Beans & Onions**

Alt: Chicken Wrap

Breakfast: Waffles 12

**Pork Riblet on a WG Roll  
Baked Beans  
Homemade Cole Slaw**

Alt: Cheeseburger

Breakfast: Muffin 19

**Grilled Cheese  
Tomato Soup  
Snack Bag**

Alt: Pizza

Breakfast: Cereal Bar 26

**Nachos Grande  
w/Lettuce, Tomatoes,  
Cheese, Santé Fe Rice**

Alt: Hot Dog on WG Roll

Included with all meals is a choice of:  
Fruit, Juice or Milk

Breakfast: \$1.45  
Lunch: \$2.55

Reduced Breakfast: \$0.30  
Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE