

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices available every morning.

# FEBRUARY 2018

Peters Elementary

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain rolls, yogurt, cereal, main entrée and alternate

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Breakfast: Egg & Toast **5**  
**Grilled Cheese**  
**Tomato Soup w/Crackers**  
**Carrot & Celery Sticks**  
 Alt: Cheeseburger

Breakfast: Muffin **6**  
**Cheesesteak on WG Roll**  
**Steamed Broccoli**  
**Tator Tots**  
 Alt: Cheeseburger

Breakfast: Cereal **7**  
**Bulldog Bowl**  
**Popcorn Chicken,**  
**Corn, Mashed Potatoes**  
 Alt: Cheeseburger

Breakfast: French Toast Stix **8**  
**Pork Riblet**  
**Baked Beans, Applesauce**  
**Whole Grain Roll**  
 Alt: Cheeseburger

Breakfast: Bagel **9**  
**Chicken Patty on WG Roll**  
**Tossed Veggie Salad**  
**w/dressing, Steamed Veggies**  
 Alt: Cheeseburger

Breakfast: Muffin **12**  
**Turkey BBQ**  
**Steamed Mixed Veggies**  
**Waffle Fries**  
 Alt: Pizza

B'fast: Egg & Cheese Sand. **13**  
**Cheeseburger on Pretzel Roll**  
**Sautéed Fresh Zucchini**  
**Baked Beans**  
**Fat Tuesday Donut**  
 Alt: Pizza

Ash Wednesday / Valentine's Day  
 Breakfast: Cereal **14**  
**Heart Shaped Chicken Nuggets**  
**Crispy Fries, Veggie Cup w/Dip**  
**Strawberry Jell-O w/Whipped Topping**  
 Alt: Tuna Wrap 

Breakfast: Cinnamon Roll **15**  
**French Toast Stix w/Syrup**  
**Sausage Link**  
**Tator Triangles**  
 Alt: Pizza

Breakfast: Waffles **16**  
**Mozzarella Stuffed Breadstick**  
**w/Marinara Sauce**  
**Romaine Veggie Salad, Peas**  
 Alt: Pizza

SCHOOLS CLOSED  
 PRESIDENT'S HOLIDAY **19**  


Breakfast: Cereal **20**  
**Nachos Grande**  
**w/Lettuce, Tomatoes,**  
**Cheese, Santé Fe Rice**  
 Alt: Chicken Wrap

Breakfast: Cheese Omelet & Toast **21**  
**Hot Dog on WG Roll**  
**Homemade Mac & Cheese**  
**Stewed Tomatoes**  
 Alt: Chicken Wrap

Breakfast: Pancakes **22**  
**Bulldog Bowl**  
**Popcorn Chicken,**  
**Corn, Mashed Potatoes**  
 Alt: Chicken Wrap

Breakfast: Muffin **23**  
**Personal Pan Pizza**  
**Steamed Veggies**  
**Caesar Salad**  
 Alt: Fish Sticks w/Tartar Sauce

Breakfast: Scrambled Eggs w/Toast **26**  
**Homemade Meatloaf**  
**Mashed Potatoes, Carrots**  
**Dinner Roll**  
 Alt: Sunbutter & Jelly Sandwich

Breakfast: Cereal **27**  
**Turkey, Bacon, Cheese,**  
**Lettuce Wrap**  
**w/Ranch Dressing, Broccoli,**  
**Baked Beans**  
 Alt: Sunbutter & Jelly Sandwich

Breakfast: Cinnamon Stix **28**  
**Grilled Chicken BBQ & Cheese**  
**Crispy Fries**  
**Celery, Carrots & Dip**  
 Alt: Sunbutter & Jelly Sandwich

Included with all meals is a choice of:  
 Fruit, Juice or Milk

Breakfast: \$1.45  
 Lunch: \$2.55

Reduced Breakfast: \$0.30  
 Reduced Lunch: \$0.40

MENU IS SUBJECT TO AVAILABILITY AND CHANGE WITHOUT NOTICE

