

# OCTOBER 2018

Peters Elementary

## MONDAY

See breakfast menu **1**  
WG Pizza  
Steamed Carrots  
Fruit, Milk  
Alt: Grilled Chicken Wrap

**NO SCHOOL** **8**  
TEACHER IN-SERVICE  


See breakfast menu **15**  
Chicken Patty on  
WG Roll  
Steamed Broccoli  
Sweet Potato Fries  
Fruit, Milk  
Alt: Pizza

See breakfast menu **22**  
Corn Dog  
Baby Carrots  
Baked Beans  
Soft Pretzel  
Fruit, Milk  
Alt: Cheeseburger

See breakfast menu **29**  
Cheesesteak  
on WG Roll  
Sliced Cucumbers &  
Carrots w/Dip  
Fruit, Milk  
Alt: Hot Dog on WG Roll

## TUESDAY

See breakfast menu **2**  
WG Chicken Nuggets  
Sliced Peppers &  
Cucumbers  
Fruit, Milk  
Alt: Grilled Chicken Wrap

See breakfast menu **9**  
French Toast Stix  
w/Syrup  
Sausage  
Tator Tots  
Fruit, Milk  
Alt: Grilled Cheese

See breakfast menu **16**  
Salisbury Steak  
Sweet Peas  
Roasted Red Potatoes  
Fruit, Milk  
Alt: Pizza

See breakfast menu **23**  
Chicken Parmesan  
on WG Roll  
Steamed Broccoli  
Side of Pasta  
Fruit, Milk  
Alt: Cheeseburger

See breakfast menu **30**  
BULLDOG BOWL  
Popcorn Chicken, Corn  
Mashed Potatoes  
Baby Carrots  
Fruit, Milk  
Alt: Hot Dog on WG Roll

## WEDNESDAY

See breakfast menu **3**  
Soft or Hard Taco  
w/Lettuce, Tomato,  
Bush's Taco Fiesta,  
Black Beans  
Fruit, Milk  
Alt: Grilled Chicken Wrap

See breakfast menu **10**  
BULLDOG BOWL  
Popcorn Chicken  
Corn, Mashed Potatoes  
Baby Carrots  
Fruit, Milk  
Alt: Grilled Cheese

See breakfast menu **17**  
Grilled BBQ Chicken  
Pierogies  
Steamed Carrots  
Fruit, Milk  
Alt: Pizza

See breakfast menu **24**  
Grilled Cheese  
Creamy Tomato Soup  
Cauliflower  
Goldfish Crackers  
Fruit, Milk  
Alt: Cheeseburger

See breakfast menu **31**  
Spooky Pasta  
w/Eyeballs (meatballs)  
Scarecrow Salad  
Frankenstein Bread  
Stix, Spooky Sundae  
Fruit, Milk  
Alt: Hot Dog on WG Roll

## THURSDAY

See breakfast menu **4**  
California  
Cheeseburger  
on a WG Roll  
Crispy Fries  
Fruit, Milk  
Alt: Grilled Chicken Wrap

See breakfast menu **11**  
BBQ on WG Roll  
Grilled Zucchini  
Baked Beans  
Fruit, Milk  
Alt: Grilled Cheese

See breakfast menu **18**  
Walking Taco  
w/Lettuce, Tomato,  
Cheese  
Black Bean Salsa  
Fruit, Milk  
Alt: Pizza

See breakfast menu **25**  
Chicken Nuggets  
Green Beans  
Smiley Fries  
Dinner Roll  
Fruit, Milk  
Alt: Cheeseburger

## FRIDAY

See breakfast menu **5**  
Chicken Alfredo  
Steamed Broccoli  
Fruit, Milk  
Alt: Grilled Chicken Wrap

See breakfast menu **12**  
Stuffed Shells  
w/Marinara Sauce  
Romaine Tossed Salad  
Sliced Veggies  
Fruit, Milk  
Alt: Grilled Cheese

See breakfast menu **19**  
Beef Rigatoni w/Sauce  
Spinach Salad  
WG Breadstick  
Fruit, Milk  
Alt: Pizza

See breakfast menu **26**  
Pizza  
Baby Carrots  
Side Salad  
Fruit, Milk  
Alt: Cheeseburger

## School News

**WE NOW HAVE A SEPARATE BREAKFAST MENU! PLEASE LOOK AT THIS NEW MENU FOR YOUR BREAKFAST CHOICES.**

Breakfast: \$1.45  
Reduced Breakfast: \$0.30  
Lunch: \$2.65  
Reduced Lunch: \$0.40

Daily Selections: Choice of fresh fruits, fresh or steamed vegetables, whole grain (WG) rolls, yogurt, cereal, main entrée and alternate.

Guidelines for elementary students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices are available every morning.

Menu is subject to availability and change without notice

## DID YOU KNOW...

October comes from the Latin word "octo" which means eight.