

QUICK REFERENCE CARD

PRACTICE AND REINFORCE GOOD PREVENTION HABITS WITH YOUR FAMILY

- Avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

KEEP YOUR CHILD AT HOME IF SICK WITH ANY ILLNESS

If your child is sick, keep them at home and contact your healthcare provider
Talk with teachers about classroom assignments and activities they can do from home

BE PREPARED IF YOUR CHILD NEEDS TO STAY HOME FROM SCHOOL

Talk with your employer about sick leave and telework options in case you need to stay home with your child. Consider planning for alternative childcare arrangements

Adapted from "Checklist for Parents" from CDC



We Are In this Together! #NLSD4U

STUDENT SCREENING PROCEDURE

to be Completed Each School Day



Directions: Daily, prior to sending your child to school OR placing him/her on the school bus the parent/guardian shall complete the following:

Today or in the past 24 hours has your child had any of the following symptoms?

COLUMN A <i>1 or more symptoms</i>	COLUMN B <i>2 or more symptoms</i>
<ul style="list-style-type: none">• Fever / Chills<ul style="list-style-type: none">• Temperature greater than 100.4 under age of 18• Temperature greater than 100.0 over age of 18• Shortness of Breath or Trouble Breathing• New or Worsening Dry Cough• Have a household member or close contact who has been diagnosed with COVID-19 in the past 14 days	<ul style="list-style-type: none">• Fatigue• Muscle or body aches• Headache• New loss of taste or smell• Sore throat• Congestion or runny nose• Nausea or vomiting• Diarrhea• Chest discomfort

If you answered yes to any of the symptoms in **Column A OR 2 or more symptoms in **Column B**:**

- 1. Do not send your child to school**
2. Inform the school your child will be absent due to having one or more of the symptoms above
3. Contact your medical provider, or call PA Department of Health (1-877-PA-HEALTH) to discuss symptoms. Be sure to ask your medical professional for a note explaining the outcome of your visit
4. Email the note provided by the medical provider to your child's school nurse
5. A school employee will reach out to you to discuss next steps and return to school