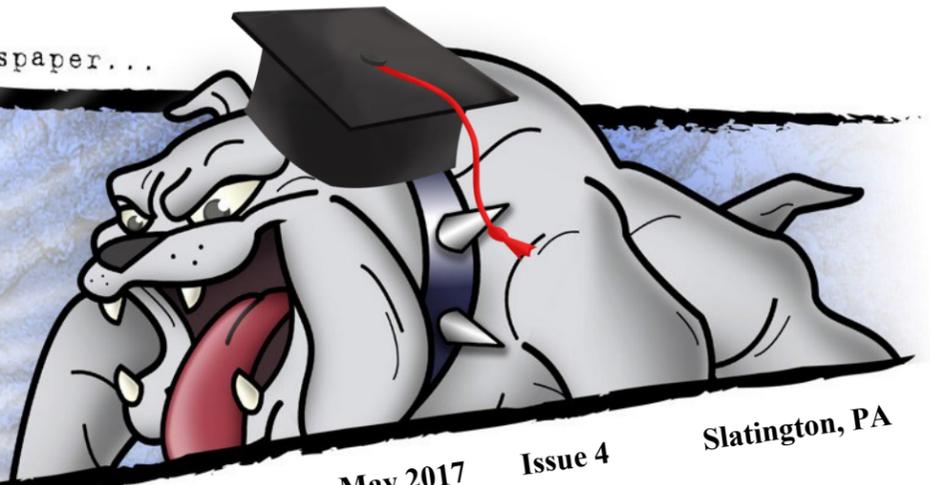


the State



May 2017

Issue 4

Slatington, PA

100 Day with “the Donald”

By **Tori Csanadi**

As many of you know, Donald Trump is the president of the United States of America. As of May 31st, he will have had 131 days in the White House.

These are some of the most important days of a presidency, as these show the American people how President Trump plans to handle himself in terms of policy, agenda, priorities, and plans. Trump hit his 100 day mark on April 29th, 2017, and the following are his accomplishments.

Unlike some presidents, Donald Trump was given the opportunity to nominate a Supreme Court Justice. Just like he promised, he nominated Neil Gorsuch. To many people's surprise, his nomination was confirmed by the Senate with a 54-45 majority and his chosen Justice took oath on April 10th, 2017.

President Trump believes in small government. According to *The Hill*, Trump plans to freeze federal hiring and employment (with the exception of the military).

No vacant spots can be filled or created under the executive order unless “necessary to meet national security or public safety responsibilities”.

This action was one he promised on during his campaign and before he took oath, meaning this executive act was planned.

Foreign policy for Trump differs from Former President Obama's policies. While both maintained the slogan “America first”, President Obama determined the phrase as one needing an isolationist approach.

President Trump's interpretation of “America First” has a more protectionist stand where his top three priorities (as highlighted by his inaugural address) are to “defeat ISIS, rebuild the military, and embrace diplomacy”.

Budget and finance decisions accurately reflect his interpretation of “America First”. In his first budget proposal for 2018, he plans to increase the defense budget to \$639 billion and cut other major federal programs. Also corresponding to his prior

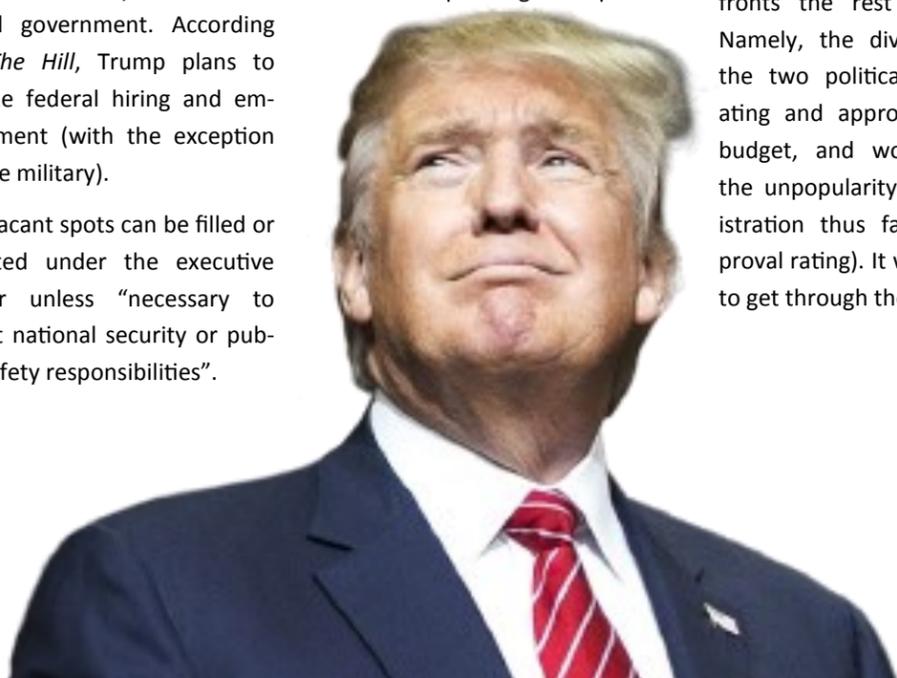
plans and promises, he plans to cut taxes for the 2018 year.

In comparison to the person who previously held his title, President Trump is not as concerned about environmental policy. His plans call for a 31% decrease in funding for the Environmental Agency.

He is undoing the Stream Protection Rule, which prevented companies from dumping mining waste into streams. In his 2018 budget, the president plans to defund the Clean Power Plan from the Obama Administration.

These first 100 Days define the Trump Presidency and President's Trump's goals and plans for the rest of his term. With 100 days of his 1,460 days done, this country has an idea of what to expect.

Our president will have to face numerous challenges as he confronts the rest of his term. Namely, the division between the two political parties, creating and approving a federal budget, and working through the unpopularity of his Administration thus far (54% disapproval rating). It will not be easy to get through these tasks.



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- Senior Farewell
- Smokey and the Bandit
- Performing Arts
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Keeping Track of Our Athletes

By **Tori Csanadi**



number of skilled athletes graduate, including multiple-state-qualifiers Gavin Kemery and Jess Olewine.

Despite the loss of these athletes and others, our program has had numerous athletes step up and make it successful.

This year, we had four state-qualifying performances at the District XI Championship Meet.

Second-year Qualifier Jillian Olewine (Junior) will be attending the Pennsylvania State Meet at Shippensburg University for her events Long Jump and Triple Jump, the former she currently holds the school record for.

Joining her at Shippensburg is senior Darby Pender, for her

performance in the 300m Hurdles. Darby also holds the school record for this event.

Lastly, senior Jackie Ni will be attending Shippensburg for his performance in Discus Throw and Shot Put.

These athletes all medaled for their events, with Jill earning two first-place medals, Darby a second-place medal, and Jackie also getting two second-place medals.

Other medalists include Joe Egan for Javelin and Ryan Fine for the 300m Hurdles. In addition to the District XI Championship meet, the League Championship Meet had some impressive finishes.

Jill Olewine surprisingly got

first in both the Triple Jump and Long Jump. Jackie Ni got a second place in Shot Put and third in Discus.

Nick Miller placed first in Pole Vault, Andrea Snyder got first in Discus, Franki Dibilio got second in and Shot Put.

Our Track and Field team has really proved themselves this year.

Many medalists will be returning next year, including Ryan Fine and Jillian Olewine. Despite some low numbers from underclassmen, our track and field team truly performed against the odds. We can expect to see some great things from the returning athletes.



Track and Field is the biggest sport at Northern Lehigh, with the most athlete turn-out.

For those who may not be aware, the sport is composed of a vast array of events, including sprinting, long-distance running, throwing, hurdling, and jumping.

Our team has very diversified abilities, with successes on the

track and the field. While numbers rise and fall with the years, this does not reflect on our athletes' abilities.

Despite a low turnout for this year's season, this was arguably one of the most successful seasons in the program's recent history.

In the past two years, our Track and Field program had a



Prom!

By **Tori Csanadi**

Prom is a day of absolute necessity for many junior girls. Years from now, we will be telling our children of the day when we dressed up formally and looked like a new person for one night.

We will talk about our hair, our makeup, and how we overcame that one obstacle to get to the venue.

We will talk about the music, the way we danced with our friends and/or our dates, and how the night never seemed to end, but at the same time ended too soon.

Junior boys will talk of how much they hated their tuxes, but how their dates made it so worthwhile.

On April 29th, 2017, the class of 2018's junior prom went on without a single hitch.

The night was one of elegance, with beautiful dresses dancing underneath the flower vines.

Music that transcended many genres and time periods filled the room as the sun set behind the scenic lake.

The night was one of enchanted forests, laughter, singing, and questionable dancing.

The Junior Prom's theme was Enchanted Forest. And Enchanted that room was.

From the ceiling above the dance floor hung multiple vines of flowers cascading around the heads of the dancing juniors.

Walking in, guests had to go through an elegant arch wrapped in flowers and lights. The entrance of the venue was aligned with trees that

glowed at night. The centerpieces were decorated with moss and beautiful place cards that showed the evening's dinner.

Our class wasted no time getting the dance started. Before the dinner even began, guests were dancing around the fruit table that was on the dance floor.

As the night wore on, guests were able to greet their friends and choose from lovely hor d'oeuvres (fried raviolis!).

The buffet featured a variety of options to satisfy everyone. With unlimited refreshments, there was never a lack of energy through the night.

In addition to food, the music created an enthralling atmosphere. DJ King Leo kept everyone upbeat at the most

appropriate times, yet was perfectly able to slow down the mood for the couples to take the dance floor.

The night peaked at the long-awaited announcement of prom court and our prom king and queen.

Mason Seiler and Jill Olewine, our king and queen, slow danced to a class favorite, "Be Our Guest" from Disney's Beauty and the Beast.

The night ended with an encore due to the gentle persuasion from the dance floor's most frequent attendees.

Our class outdid itself. All attendees enjoying some aspect, if not all, of the Enchanted evening. The night went spectacularly.

Juniors will be able to look

back at photos from the night due to the lively photo booth.

The photos will be displayed in their photo frames to ensure their memories last forever.

I can only hope that the Junior Class looks back at the events of the night with utter fondness because I certainly will.



Rats: Does Sugar Water and Whole Milk Really Make a Difference?

By Blake Schuck

For the past few weeks, Science Club conducted an experiment in which we studied the weight, tail length, percent of food eaten, and the energy level of four female rats named Aurora, Pinkie, Snow, and Mole.

Aurora and Snow were given sugar water and Pinkie and Mole were given whole milk for the first three weeks.

The rats consumed various foods over the course of four weeks. For the first week, they were given oats only.

As we progressed through each week, we added another food to their diet; week two consisted of oats and vegetables, week three consisted of oats, vegetables and fruit, and week four consisted of oats,

vegetables, fruit, and protein.

The rats who were given the sugar water experienced a much higher energy level than those given whole milk.

On the flip side, the rats who were given the whole milk had a longer tail length and a larger body weight than those given sugar water.

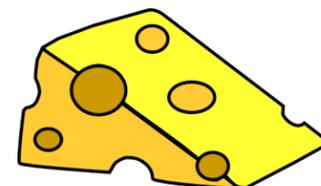
By week four, we switched

the drinks that we gave the rats, so the rats who had milk were now given sugar water and vice versa.

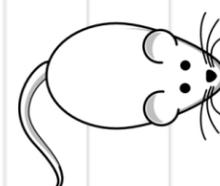
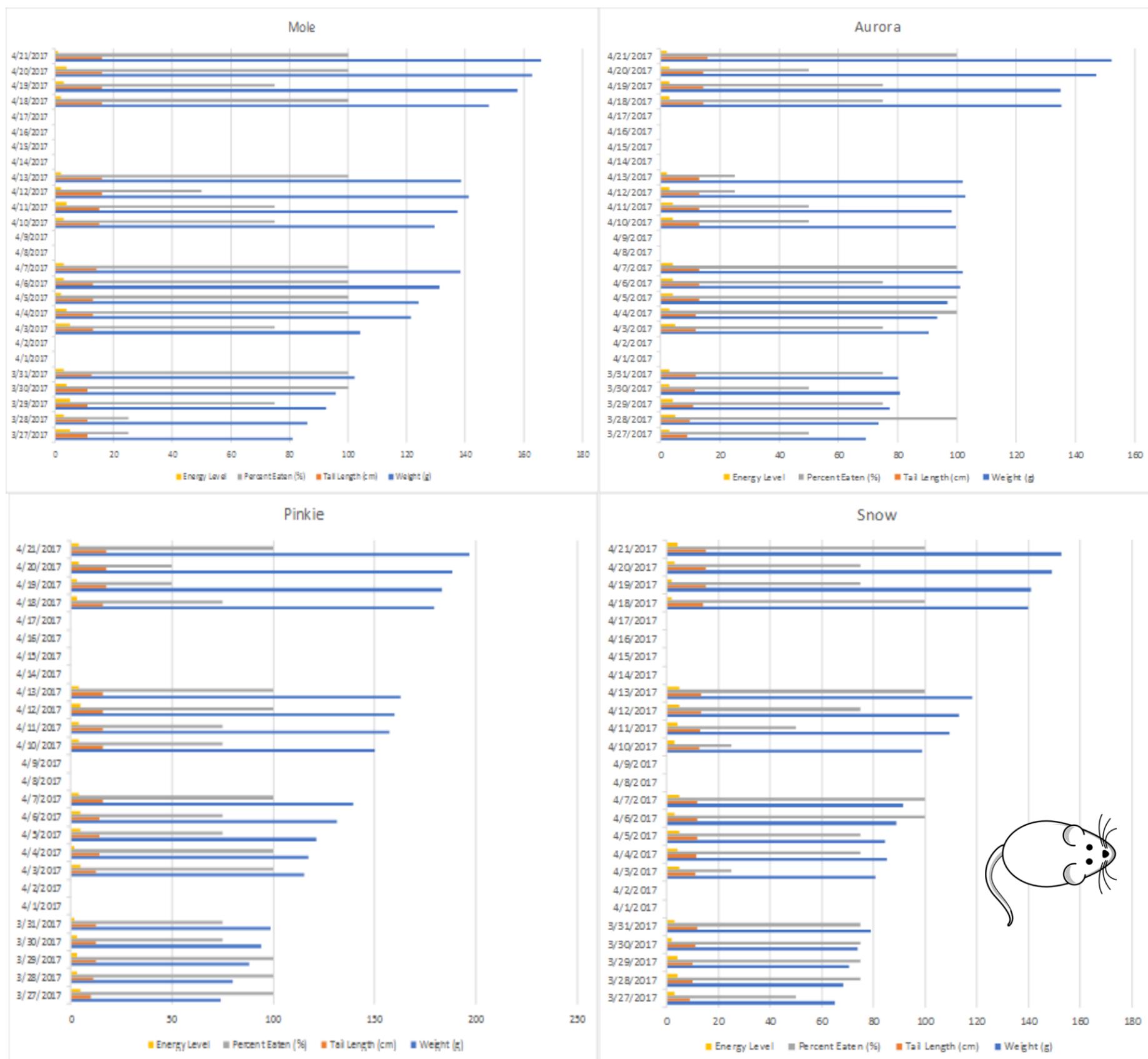
As predicted, the rats now given the sugar water had increased energy levels, and the rats given whole milk had increased body weight and tail length.

Shown below are the various

graphs of each rat as shown through the course of the experiment.



The Data



Northern Lehigh Gets a Crash Course in Distracted Driving

By Nicholas Lehman

Every year, 2.5 million Americans are involved in car accidents, but 1.6 million are caused by using a cell phone. Over half of the car accidents in America are attributed to distracted driving. In order to make the students of Northern Lehigh more aware of this common danger, the members of SADD organized a mock-crash to show the toll real crashes can cause.

To prepare for this event, SADD President, **Zainab Salih**, and SADD advisor, **Mrs. Kunkel**, worked with **Officer Nauss**, reached out to all of the local stations and met with them to plan this demonstration. They also sent the paramedics a



If your car crashes and comes to an abrupt stop, anything that is not strapped down will become a projectile. Nothing will be able to hold you back, and you would be putting

of your distractions, and drive responsibly.

When you get your license, you are treated like an adult when you are on the road. You have to use "adult decision making" and if you are found guilty of a traffic crime, that offense permanently stays on your record, and you cannot expunge a driver's history.

Following the presentation, the students were directed to the buss parking lot of the middle school where the mock-crash took place.

In the scenario, the crash involved two students driving in one car while two other students drove in another car. However, the driver of one of the cars was distracted, which caused their cars to collide.

The distracted driver, played by **Pierce McGowan**, climbed out of his car and was horrified to see the scene he caused. He called 911, and EMS personnel was dispatched. The police were the first on the scene, and they were followed by several ambulances and fire trucks.

he was under the influence of a drug, and he was quickly taken into custody by a police officer.

Meanwhile, the coroner arrived, and he was updated by the officers. He walked around and took pictures of the accident focusing on the victim claimed by the crash. The victim was taken out of the dismembered vehicle and onto a tarp, where he was zipped up.

Then, the funeral director from Harding Funeral Home came to the scene. The victim was rolled into the hearse. They closed the doors and drove away.

This demonstration is the closest we can get to reality, and through executing this crash, the members of SADD want to tell the students of Northern Lehigh to not drive distracted. "If they take away anything from it, just put the phone down, and do not drive distracted because it could really affect the rest of your life if you get into a car crash" **-Zainab Salih, SADD President**



letter, inviting everyone to participate in this event.

Before the students were taken to see the crash, they attended an assembly about the dangers of driving distracted. In this assembly, **the presenter** made it very clear that you cannot undo what some of these crashes cause. Many of these crashes have the capability to severely injure someone or even kill them. In order to prevent these accidents, the driver has to be able to "turn off the passenger" and not let them, or anything else, become a distraction.

He also stressed the importance of wearing your seat belts every time anyone gets into a car.

yourself at a much higher risk for injury and death.

In addition, he explains the dangers of using cell phones while driving. When anyone uses a cell phone while driving, they are taking their attention away from the road, and they are not remaining a vigilant driver. If they are not vigilant, they will not be able to react to anything that could harm them or others.

It is of the utmost importance to be a responsible driver. Every time you drive you are responsible for your life as well as the lives of your passengers, and the best way to protect yourselves is to put the phone down, eliminate all



Messages to the Graduating Seniors

From the Staff of Northern Lehigh

“At this time when we focus on reaching for the stars, remember to reach the smallest distances. Smiling at the person who gives you a cup of morning coffee, holding the door for the person behind you, reaching out to the person beside you who is having a bad day.. all those little gestures will make your world a better place to spend your life.”

-Mrs. Everett

“I wish the very best to the Class of 2017. Work hard and pursue your goals no matter what tries to get in your way. Things worth having aren't always easy to obtain! “

Best Wishes,
Mrs. Chruschal

“Theodore Roosevelt once said, "It is hard to fail, but it is worse never to have tried to succeed." Push forward in your lives, learn from mistakes, and never shy away from hard work. Best of luck in all your future endeavors! “

Sincerely,
Mr. Sander

“Congratulations. You all proved more or less adequate. “

-Mr. Kern

“Good luck and have a good work ethic.”

-Mrs. Cinicola

“It takes no more time to see the good side of life than the bad” -Jimmy Buffet

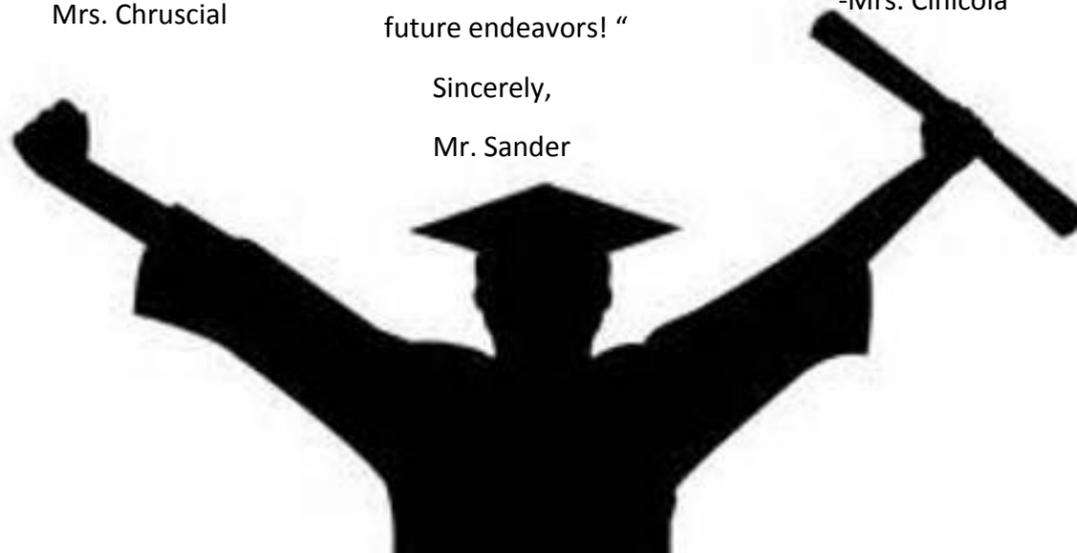
-Mr. Yadush

“Don't forget your roots.”

-Mrs. Leslie

“Be daring, thoughtful, and true to yourself, but never forget the experiences and people who shaped who you are today.”

- Miss Urban



Senior Farewell

By Monica Mankos

Farewell. A final bash before the seniors leave high school behind them.

A night where we forget all of the thoughts of final school work and college and just let go for a day.

A night of connection between one of the strangest families. As seniors, we have grown and experience a majority of our lives together as a class full of family and friends.

On May 13, 2017 the class of 2017 attended their last dance in their Northern Lehigh high school career, Senior Farewell.

The night kicked off at 5 o'clock sharp at the Hungarian Hall in Northampton.

The soon-to-be graduates and guests arrived flawlessly dressed and ready to dance

the night away.

Right as they walked in, music was greeting them, already setting the mood for the rest of the evening.

As people flowed into the hall, everyone found a table with their friends ran around to find their lifelong pals to capture the night on camera.

Next on the agenda for the event was dinner. The dinner was buffet-style with different choices to dine, including salad, mozzarella sticks, baked ziti, and barbeque chicken sliders.

Everyone sat and conversed, waiting patiently for a server to call them to get in line next.

Dinner was brief as no one wasted time getting to the dance floor. Once the first person approached the floor, the rest followed.

Table after table piled onto the dancefloor The DJ played up-beat songs they kept everyone dancing and full of energy.

Soon, heels and ties came off as everyone let loose, getting lost in the beat of the music. As the night drew on, the party raged on as everyone was dancing like it was nobody's business.

Eventually, the night had come to an end at 10 o'clock. With a simple, yet elegant, dance, the senior class had come to a close with our last 'hurrah'.

Seniors can now look back on the night that they danced their hearts out and shared one last time together as a class before graduation.

One last memory that we can all look back on and remember ourselves as a class of friends.



“Smokey and the Bandit”: The Review

By Kyle Detweiler

Smokey and the Bandit, released in 1977, is one of the most critically acclaimed films of its time.

This film follows the trucker duo of Bandit, and his friend Snowman, as they attempt to transport 400 cases of illegal beer from Texarkana, Texas all the way back to Atlanta, Georgia where they started, in under 28 hours.



Along the way, Bandit picks up a hitchhiker named Carrie, and thusly attracts the attention of Sheriff Buford T. Justice.

All of these characters come together to make a highly comical, high speed chase across the south.

This film is very representative of its era. In the post Nixon 70s, there was huge stigma surrounding the government.

This stigma lead to the government and police being villainized in many films of the time, and praised the anti-hero for stepping up against the institution.

After my initial viewing of the film, it has easily become one of my favorite cult classics.

There is no real slow point in this movie. The plot ensures that the characters are always moving because the of their tight deadline to meet.

The movie is packed with high speed chases and witty humor.

Sheriff Justice, and his son are especially good at making sure that the viewer always has something good to laugh at.

The soundtrack of “Smokey and the Bandit” is also a great accompaniment to this already magnificent film.

Every piece in the soundtrack was written for this movie, and they were performed by the actor for Snowman, Jerry Reed.

The music always adds to the situation when it starts playing. The theme song, “Eastbound and Down” is a great example of this idea.

It's fast tempo and simple lyrics clearly demonstrate the purpose of the film, and the rush that Bandit and Snowman are in.

The cast of this film really helped it shine. Burt Reynolds did an amazing job as the titular character, Bandit.

Jerry Reed was very convincing as the crude trucker that was Snowman.

Sally Field made her first major appearance in film, and she killed it.

Jackie Gleason and Mike Henry were hilarious as the duo of Sheriff Justice and his ditzzy son Junior.

“Smokes and the Bandit” is a classic that should not be soon forgotten. The witty humor, and outstanding acting from the cast ensure that it will last after you've seen it.

This movie is a solid 10/10.

The Performing Arts of Northern Lehigh

By Kyle Detweiler

The Northern Lehigh band and choir held their annual spring concert on Friday, May 19th.

The concert featured many groups and ensembles on the stage of the middle school.

The concert was very well attended by the friends, families, and fans of all of the groups.

The groups performing in the concert included the color guard, choir ensembles, the student formed band, named Beef, the percussion ensemble, the jazz band, the choir, and the band.

First up on the stage was the color guard, who performed their own visual interpretation of the song “Stitches”.

After the color guard, the newly formed men’s choir performed their selections

“Learning to Love Again”, and “Everything Little Thing She Does is Magic”.

The women’s choir performed their renditions of “Don’t Rain on my Parade”,

with soloists Kira Rex and Samantha Papay, “Once Choral Highlights”, featuring Jocelyn Duschak.

After the performance of the women’s choir concluded, the men’s choir came out to join them in performing “Break of Day”, featuring Nick Lehman on the oboe.

Up next was the student made band Beef, who performed their own original piece which was titled “Seasonings”.

The percussion ensemble played an arrangement of “Bohemian Rhapsody”.

After the percussion ensemble, the jazz band played their set, which included a warmup in f, “Fat Cat”, “Moondance”, “25 or 6 to 4”,

and “Hocus Pocus”.

The concert choir took to the stage at the conclusion of the jazz set. The middle school choir performed “California Dreamin’”, and a “Phantom of the Opera” medley.

The high school choir then

sang “Simple Gifts”, with Nick Lehman on piano and a “Medley from Walt Disney’s Aladdin” with soloists Tyler Hoffman, Kira Rex, Kristi Grabarits, Sabrina Grabarits, Dorian Beil, and Michael Martineau.

“My Shot” came next, featuring Kyle Detweiler and Emily Bachman as Hamilton, Kira Rex as John Laurens, Anthony

Bardelli as Marquis de Lafayette, Aryanna Povich as Hercules Mulligan, and Brianna Strohl as Aaron Burr.

The choir concluded by combining the middle school and high school combining to sing “Africa”.

To conclude the concert, the band played “Implatico”, “Star Wars: The Force Awakens”, “I am the Doctor”, conducted by Tyler Hoffman, and finally, “Relentless”.

The concert was a long one, running from 7:00 to 9:30, but the audience definitely had a good time though judging by their reactions.





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The Emotions of Poetry

The Lonely Star

By Blake Schuck

The one lonely star in the sky,
is the only visible light at night.

For when I awake and ask why,
the bright star causes a fright.

The night continues to progress,
and I open my eyes to see.

The star is blue, not like the rest,
and the sound of silence is for me.

I again see the bright star there,
but a familiar face appeared too.

I thought to disappear into the air,

but the face followed me through.

Depression and sadness lurks around,
like the scent of pouring rain all night.

I lay on the dark, cold ground,
waiting for the apparent new light.

Gloominess is breaking the last of my heart,
which is as dark as the rest of the stars.

And now it could be the time to part,
but all that is left is one lonely, bright star.

And now it could be the time to part,

but all that is left is one lonely, bright star.



My rage is an ember,

Waiting for the wind to spark its flame,

Even glass, my rage can temper,

Once I alight, the world can never be the same.

My fury is a storm,

In it, the fires of hell may take form,

With the power to swallow civilization,

My storm will consume the nation.

My anger is like that of a displeased god,

My wrath will flood all of creation,

Through the rubble I will plod,

Burning Rage

By Kyle Detweiler

And be contented by annihilation.

All one will hear when I erupt,

Is the bellow of an untamed warrior,

This sound all life will interrupt,

This terrible cry, will become a whirl.

No mortal man can know my ire,

It can destroy the world entire,

My teeth and fists all tightly clenched,

In my rage, you will be entrenched.

Congratulations Seniors, and welcome to real life!

Officers:

President Carmen Alvaro

Vice President Tori Csanadi

Treasurer Nicholas Lehman

Secretary Bridget Lynch

Advisor Mr. Sander

Writers:

Blake Schuck

Brianna Schuck

Kyle Detweiler

Kara Steckel

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A Special Thanks to...

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Mrs. Cinicola

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