

- 2024 -

# JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Northern Lehigh School District

### Breakfast Menu:

Breakfast is Free of charge for the  
2023-2024 school year!

WG = Whole Grain

\*Cereal available daily!



1

SCHOOL CLOSED

2

WG Cinnamon roll  
pull-a part  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

3

Strawberry Cream  
Cheese Bagel Bites  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

4

Yogurt and Granola  
Graham Crackers  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

5

Apple/Cheery Frudel  
Fruit or Fruit Juice  
Low Fat/Free Milk

8

Benefit Bar (choice of  
French toast or oats  
and chocolate chip)  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

9

WG Donut  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

10

Bosco Stick  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

11

Triple Berry French  
Toast Mini's  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

12

Cinnamon Cream  
Cheese Bagel Bites  
Fruit or Fruit Juice  
Low Fat/ Fat Free Milk

15

TEACHER INSERVICE

16

Cinnamon Roll  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

17

Yogurt and Granola  
Graham Crackers  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

18

WG Breakfast Pizza  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

19

WG Cinnamon Pretzel  
Stick  
Fruit or Fruit Juice  
Low Fat/ Fat Free Milk

22

Nutri grain Bar  
Fruit or Fruit Juice  
Low Fat/Fat Free Milk

23

WG Muffin  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

24

WG Bagel with Cream  
cheese  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

25

WG Cinnamon French  
Toast Minis  
Fruit or Fruit Juice  
Low Fat/Fat Free Milk

26

WG Pop tart  
Fruit or Fruit Juice  
Low Fat/ Fat Free Milk

29

Cereal Bar  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

30

WG Cinnamon roll  
pull-a part  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk

31

Strawberry Cream  
Cheese Bagel Bites  
Fruit or Fruit Juice  
Low Fat/ Fat Free  
Milk