

- 2024 -

JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Northern Lehigh School District

LUNCH MENU:

Lunch is FREE for the 2023-2024
School Year!!

WG= Whole Grain

* Additional alternate meals
offered daily upon request:

Yogurt, cereal, salad, PB&J or Sun
butter and Jelly

* **High School Daily Alternate
Meal: PIZZA**



1

SCHOOL CLOSED

2

Chicken Nuggets
WG Dinner Roll
Steamed Peas
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

3

VG Soft Shell Beef Taco
Black Bean Salsa
Sour Cream
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

4

Roasted Chicken
Macaroni and Cheese (WG)
Mixed Vegetable
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

5

WG Waffles
Sausage Patty
Hashbrown
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

8

Chicken Patty on WG Bun
(lettuce, tomato, mayo)
Carrot Sticks with Ranch
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

9

WG Pulled Pork Nachos
Refried Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled
Cheese

10

Bulldog Bowl
(popcorn chicken, mashed
potatoes, gravy cheese)
WG dinner roll
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

11

Spaghetti and Meatballs
WG Breadstick
Green Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled
Cheese

12

WG Pizza Quesadilla
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled
Cheese

15

TEACHER INSERVICE

16

WG Chicken Fajita
(Served with sauteed
pepper and onion)
Santa Fe Rice
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled Pork
Sandwich

17

Walking Taco
Corn
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled Pork
Sandwich

18

Chicken Parm Bowl
WG dinner roll
Steamed Broccoli
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled Pork
Sandwich

19

WG Italian Hoagie
Carrot Sticks with Ranch
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled Pork
Sandwich

22

Chicken Tenders
WG buttered Noodles
Baked Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

23

Bacon, Egg and Cheese
on WG Croissant
Breakfast Potatoes
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

24

Bulldog Bowl
(popcorn chicken, mashed
potatoes, gravy cheese)
WG dinner roll
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

25

Sloppy Tots
WG dinner roll
Mixed Vegetable
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

26

VG Twisted Mozzarella
sticks
Steamed Carrots
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

29

California Cheeseburger
on WG Bun
Onion Rings
Baked Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

30

Chicken Alfredo
Broccoli
WG Dinner Roll
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

31

Grilled Cheese
Tomato Soup
WG Crackers
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog