

- 2024 -
MAY

Northern Lehigh School District

LUNCH MENU:

Lunch is FREE for the 2023-2024 School Year!!

WG= Whole Grain

* Additional alternate meals offered daily upon request:

Yogurt, cereal, salad, PB&J or Sun butter and Jelly

* **High School Daily Alternate Meal: PIZZA**



MONDAY

6 Chicken Tenders
WG Soft Pretzel
Peas
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled pork sandwich

13
Teacher Inservice

20 Chicken, Bacon, Ranch on WG Wrap
Steamed Carrots
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

27
School Closed

TUESDAY

7 Soft Shell Tacos (lettuce, salsa, sour cream)
Refried Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled pork sandwich

14 Spicy Chicken Patty on WG Bun
French Fries
Carrot Sticks with Ranch
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

21 Nacho Grande (Cheese, salsa, sour cream)
Corn and black bean salsa
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

28 Turkey and Cheese on WG Hoagie
Carrot Sticks with Ranch
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

WEDNESDAY

1 Cheeseburger
French Fries
Baked Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled cheese

8 Bulldog Bowl (Mashed potato, popcorn chicken, corn)
WG Dinner roll
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled pork sandwich

15 Mini Corn Dogs
WG Soft Pretzel stick with cheese sauce
Baked Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

22 Bulldog Bowl (Mashed potato, popcorn chicken, corn)
WG Dinner roll
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

29 Orange Chicken Rice
Steamed Broccoli
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

THURSDAY

2 Chicken Alfredo
WG Dinner Roll
Steamed Broccoli
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled cheese

9 Spaghetti and Meatballs
WG Bread Stick
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled pork sandwich

16 Meatloaf
Mashed Potatoes
WG Dinner Roll
Mixed Vegetables
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

23 Twisted Mozzarella Sticks with marinara
Side Pasta
Side Salad
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

30 Lasagna Roll Ups
WG Dinner Roll
Green Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese

FRIDAY

3 Pulled Pork Nacho (Cheese, salsa, sour cream)
Steamed corn
Pineapple OR Mango salsa
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled cheese

10 Chicken Cheese Steak on WG Hoagie
Sweet Potato Fries
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Pulled pork sandwich

17 Chicken Parm with spaghetti
WG Bread stick
Green Beans
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Cheeseburger

24 Sloppy Joe macaroni and Cheese
Mixed Vegetable
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Hot Dog

31 Pizza
Side Salad
Steamed peas
Assorted Fruit
Low Fat/ Fat Free Milk
Alternate: Grilled Cheese