THE

BULLDOG BARK



Fall 2011 Issue One

Principal: Mrs. Chamberlain Advisor: Mr. Barnes

Northern Lehigh Middle School

This American's got talent!

By Courtney Arce
Team 7

I absolutely love to sing! My name is Courtney and I am a seventh-grade student here at Northern Lehigh Middle School. Let me tell you how I managed to get the once-in-a-lifetime opportunity every singer dreams of.

It all started when my mom saw an advertisement on TV. She later told me that the show "America's Got Talent" was hosting a casting call for its new season. They were looking for people of any age that had some kind of talent.

Of course I jumped on board the "Train of Opportunity." Since I love to sing I knew I just had to audition. So I looked online to see what the rules were. It stated that you can only have a two-minute audition and you must bring ID and a birth certificate if under the age of 18.

It also stated that only the first 400 people that register are able to be recorded. See, the producers record you and then they give the tapes to the judges...then you have to wait for the call!

Now normally if you want to audition, you have to be there early in the morning but that wasn't the case for me. I was one of



Courtney Arce, of Team 7, recently auditioned for the hit TV show, "America's Got Talent." She is still waiting to hear the phone ring with the good news.

the "lucky" 20 people to go in the front of the line...the very front! Now you may say..."How can that be?" Well, I will tell you.

On the website, along with the registration forms, there was a contest and they randomly select 20 people out of all the people who entered. The auditions were at Mohegan Sun Casino in Wilkes-Barre, Pennsylvania. It wasn't that far of a drive but it took us a little bit to get there with all of the traffic. My mom insisted that we get a hotel so we could go down there on Sunday night and go shopping, go to the hotel, and wake up in the morn-

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Memorial continues 9/11 remembrance

By Abigail Hillegas
Team 8

The date is September 11, 2001. I came home from preschool to hear my dad say "Come look at this." And there it was – the first tower smoking.

My parents thought it was an accident; then all of a sudden, the second tower was hit. Most of us were too young to remember this American tragedy. Every year, we remember this by visiting New York or by giving some moment of silence for the brave people that risked their lives to help others.

The people that I believe deserve the most respect are the firemen that ran into the burning

buildings trying to rescue others.

New York remembered this tragedy by opening a beautiful monument over Ground Zero.

It has two huge water fountains where the towers used to be. Around the fountains are plaques that have the names of the thousands of people that

lost their lives and the many that helped. We salute those who helped and remember those who



The World Trade Center site will look like this one day, in honor of the 9/11 tragedy.

died. September 11th was a tragedy but every tragedy can make us a country more united.

Seventh-grader has dreams of the big stage

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ing so we could be there on time. OK, so the big day arrives! It's October 3rd, 2011! I am super pumped for what's coming up later on that day. To start off my day I go to the downstairs lobby in the hotel to grab some breakfast.

Yum! Frosted Flakes Cereal. After I was finished it was time to head out and get to that audition! I don't want to be late.

When we got to the casino, I was surrounded by bright lights, slot machines, poker tables, and people yelling "I won...I won!" There is nothing better than to

wake up at 6 in the morning and being half-asleep an hour before your once-in-a-lifetime audition. Now that it's over I look back to see how I wasn't nervous at all; I think my parents were more nervous than I was! But the one thing I learned from my experience was that you never want to give up.

If you have a dream you need to keep your heart set on it. I want to thank everyone that was there for me and told me to never give up.



Courtney Arce hopes to be on national television. Her Bulldog family here at NLMS wishes her well.

Ducks set up nest in M.S. court yard

By Jackie Ni
Team 7

By now, everybody knows about the ducks that lived in the middle school court yard over the summer. The mother duck came here in May. Some people think they probably came here from the canal or the river. The custodians here said they probably came here for the high grass and protection.

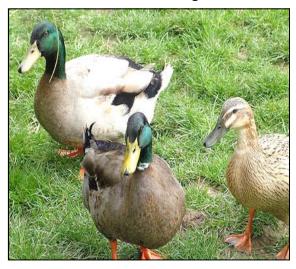
They have been at our school for about four months. One or two of the ducks came

back about four weeks ago.

When the mother came here, she had eight babies but two of them were killed by crows. This is the first time that the custodians know of that ducks have lived in the court yard.

At first, people were feeding the baby ducks but then people stopped feeding them because they were going to grow dependent on us.

Now they are off to the river or canal. Who knows? Maybe next year they will be back.



Local ducks made NLMS's courtyard their home over the summer.

Tortoises now roam in Spike's old home

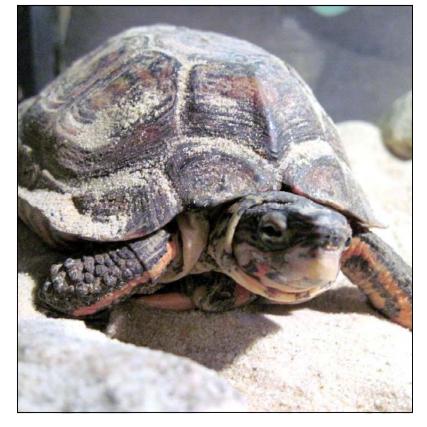
By Victoria Oquendo

Team 7

As many of you know, the habitat outside of the art room has been empty since our middle school lizard, Spike, died last year of unknown causes. I recently talked to Mr. Eckhart about the tortoises that are now in the habitat. They are named Sam and Trench.

Mr. Eckhart has painted a beautiful sign to go in the habitat that displays their names. Sam and Trench have been donated to the school from the Czarnecki family via the Lehigh Valley Zoo. I asked Mr. Eckhart why he thinks it is good to have wildlife like this in the school. He said he thinks it helps kids appreciate nature and wildlife more and I couldn't agree more.

I think it will be very good for the students of Northern Lehigh Middle School to have tortoises like these in the habitat. I think the students will appreciate seeing them on their way to and from class. Some kids probably have not ever seen a tortoise other than at the zoo. It will be a nice change for them.



Sam and Trench (we're not sure which is pictured above) now roam the habitat outside the art room.

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A beautiful day for a Walk-a-Thon

By Kasey Wayda
Team 8

The eighth-grade Walk-a-Thon was a very enjoyable activity. The walk was an hour long and you get sponsored to walk around the track.

The money we raised is used to fund a field trip or other fun activities for the eighth grade. There was also a first, second and third place for the number of laps you could do.

The individual winners and the winning team (which was the White Team) gets to go to McDonald's for lunch instead of going to classes!

Congratulations to Gavin Kemery who had more than 30 laps! So for all the seventh-graders, it's definitely something to look forward to next year.





(Above)
Matt
Schmall
and Seth
Pohlmann
do their
laps around
the track.
(Left)
Travis Stalnecker
keeps his
team in
line.

Photos courtesy of Nina Farole

Northern Lehigh gets 'spirited' for a week

By Kasey Wayda
Team 8

Since I wrote an article on this topic last year, I will try not to say the same things this year! We didn't have that much of a turnout, but the people that dressed up did have a great time (at least I hope so).

I think it would have been nice if more people dressed up because Student Council works hard to organize the events for Spirit Week.

Everyone had really retro outfits for Retro Day and a lot of people looked awesome, too!

Also, a great job to the seventh-grade team for winning the Spirit Stick! (And by the way, it's not rigged!).

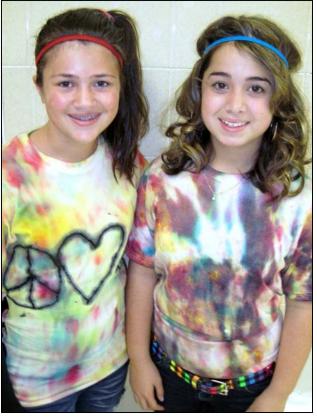






Cheyenne Schaffer and Emily Rex went all hippie for Twins Day, while Abby Hillegas and Kasey Wayda went all retro during Spirit Week.





Alize Martinez and Jaelese Vargas rocked Twins Day, as did (right) Jessica Evans and April Murillo.

Dear Locker... I hate you, too

By Beth Kern Team 8

If you had Mr. Barnes last year in English, you remember a thing called "The Venting Machine." Well, since I don't have him this year, here is some of my venting!

My locker hates me!

First of all, it only opens when I pound on it. And that just looks weird. No matter what grade you're in, the lockers are the hardest things to get used to.

Another reason I hate my locker is because it always makes me late for class. Really, does anyone else think two minutes is not enough time to get to and from class? It takes me at least a minute to get my locker open because I am hitting it and sometimes longer to get to class.

Also, I can't stay organized this year! My stuff gets all messed up because I can't get into my locker. All my projects get messed up and jammed together.

And room?! Who has enough room? With people using the bottom lockers, it is very crowded! I have to step on people just to get to my locker...

In all, I really think my locker hates me! And honestly, I hate it, too.



Poor Beth Kern must accept the fact that "The locker always wins."

Bullying is a waste of time and energy

By Meghan Miller-Brown and Israel Moore

Team 8

Lately, we have been hearing stories of bullying over the smallest things.

People have been making fun of people who may be having a bad hair day or the person might not be wearing the same brand of clothing.

People think just because someone isn't the same as they are that it gives them the right to publicly humiliate them.

Well, it does not.

People will always be different

and we have to live with it. Bullying won't solve anything and will make those people hold anger and they won't like you at all.

So, what's up with bullying? It is a waste of time and it is a waste of our energy. Don't bully because it has no positive effects.

U-14 soccer team found its revenge

By Sara Hunsicker
Team 7

Looking for revenge on last year's disappointing semi-final loss, the U-14 girls soccer team

was looking forward to the championship season. The team currently has six wins and one loss, which is a huge improvement from previous years!

Team members include: (8th graders) Holly Yoder and Kayla Belles; (7th graders) Sara Hunsicker, Darby Pender, Karlyna Kemery, Maddie Ligenza, Ashley Wilk, Maddie Holzheuser, Calista Zempel, Tiffany Yesik, Meghan Handwerk, Cassie

Snyder and Kiera Shellhammer; (6th graders): Jill Olewine and Cailie Lopez.

The team has been working at its absolute best all year-round, pushing themselves to the limit. "Soccer is not a girly sport," Mad-

die Ligenza said. "It takes a lot of competition and aggression." And Meghan Handwerk said, "I get to play with my friends."

The girls have been putting in lots of time and effort into this



year's season. In the winter, they started a team in the winter league where they played at "The Bubble." They also practiced about twice a week in an unused garage.

The snow didn't stop the girls from coming to soccer practice.

In the spring, some team members played spring soccer. In the summer, they practiced outside, even when it was steaming hot.

They even built a wall with targets which helped them aim

their shots. They did this about twice a week until August when they started practicing on the larger fields at Eagle's Nest.

On select days, scrimmages were set up against Lehigh Township.

"Soccer is a way to let all my energy out," Ashley Wilk says.

The tournament is just days away as I am writing this. It's the

weekend we have been preparing for all this time. "The girls continue to improve, but they still have a lot of skills to master if they want to win the championship, says their coach. Our record is 7-2.

Communication a concern, but NLMS field hockey is successful

By Tayler Crotsley
Team 7

The middle school field hockey team is doing great.

One of our weaknesses, though, is communication. We don't talk on the field so our teammates can pass it to another player.

Most of our opponents are tough but not all. Our record as of Oct. 28 is 1-8. We try our best. The best part of being on the team is the fun and funny moments that we have.

Our coach Mrs. Chunko makes us fun games. She has her funny moments too when some days she can't talk right and some days she laughs a lot.

Two sides to school uniforms debate

By Erika Algard

Team 8

How would you like it if our school had uniforms?

For some people, even hearing the word "uniforms" scares them. Some people think uniforms are positive for the school because they eliminate people worrying so much about their clothes and how they look.

Also, people wouldn't get bullied as much because they aren't up-to-date with the latest trends.

Others think uniforms are a terrible idea because they say they can't express themselves. I asked three different people what they thought about uniforms and here is what they had to say.

Israel Moore said, "Uniforms make us less creative. So, I think we should not have uniforms."

Sage Hargreaves said, "My



These kids seem to have no problem learning with a school uniform. Would you?

opinion on school uniforms is that they are a great way for people not to be made fun of during school hours. Though, you can't be creative with your outfits if we had uniforms. So, school uniforms are a good and bad idea."

Nicole Jacoby said, "School uniforms could benefit the school. They would eliminate most dress code problems and people wouldn't get picked on for the way they dress."

Calling all 8th graders

Are you really good at something?? Literature, science, math, social studies?? Do you like trivia? Do you like to compete against others to show how much you know? If you answered *yes* to any of these, the Academic Challenge Eighth Competition (ACE TEAM) may be for you.

ACE is a team of 8th graders who compete against other schools in our area. Not everyone who signs up will make the team, but six lucky 8th graders will be selected.

A sign-up sheet is outside room 31. If you have questions about this unique and exciting opportunity, see Mrs. Lieberman in room 31, 8th period, any day.

Stay active with gym!

By Randi McRae
Team 8

Can anyone tell me why we have gym every day for 45 days? That's just way too much work, in my opinion. You have to bring your gym bag every day, wash your clothes more often, and when you take the mile run the second time, it feels like you just took it.

But on the other hand, having gym every day is healthy for you. Did you know you're supposed to get 30 minutes of exercise a day? And don't we have gym for about 45 minutes? So yeah, go ahead and complain about gym but you're going to thank your teachers later on in your years. Stay active!

Cross country makes special things happen

By Karlyna Kemery
Team 7

In the summer, the cross country team woke up early in the mornings and went running with friends. The team doesn't just run for our school; they also run to make themselves better, too.

Others ran on their free time, besides attending the practices.

The team tries hard and puts forth great effort. The cross country team thanks the people who make special things happen. The team also thanks Miss Zeiser, Miss Case and Mr. Oertner for making cross country happen once again this year.

My teammate Sara said,

"Cross country is a sport that requires no skill or technique. Just you and your legs. When I run, I feel like I'm flying."

My other teammate T.J. Dooley says, "It's my favorite sport."

My brother, Gavin, says, "We have a great group of kids that are

willing to do their best while supporting others."



Miss Case, Mr. Oertner and Miss Zeiser push their runners to succeed.

Great job, cross country team!

What did this year's Halloween mean to you?

By Jennifer Knerr
Team 7

Frightful or fun, what does Halloween mean to you? To me, Halloween is the most unique

holiday. Every other holiday is meant to be happy and joyful, but Halloween was made specifically to be an eerie and scary day. Halloween also brings a lot of fun.

You get to carve faces into pumpkins, dress up in your favorite costume, go trick-or-treating, and see decorated houses everywhere you go. I'm sure all of us have great memories from Halloween. Chillin' with friends while watching a scary movie or the memories of field trips to the "pumpkin

patch." There we would try to find our way out of the corn maze and slide down the hay slide. Then we could take a hay ride to the fields where we could pick the best pumpkin to

take home with us. Another great part about Halloween is trick-ortreating. On that night my arms are numb from trying to carry an entire bag of candy. After the night is over, between my sisters and I, our table is piled high with a mountain of candy. Do you think kids our age are too old to still be trick-or-treating? No! I think kids are never too old to have a little fun. I mean, think about how your Halloween would be without trick-or-treating. I also enjoy seeing all of the decorated houses and decorating my own.

We put up homemade spider webs and huge spiders. It's so pretty to see all of the orange lights up and down my street! I love everything about Halloween! I can't wait for this year's Halloween festivities to begin!

Do we need a cure for 'Bieber Fever'?

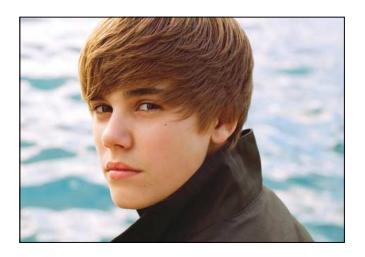
By Darby Pender *Team 7*

What is this new sickness that is quickly spreading through the lives of our children? Who will find a cure for this insane virus? Will we ever find a solution?

You may be asking yourself "What is this new infection that she is talking about?" Well, I am talking about "Bieber Fever."

Bieber Fever has been the "new disease" that girls were recently diagnosed with. Justin Bieber, 17, is singing his heart into millions of people. He has become a superstar faster than we can say "Whoa."

T-shirts have been sold, CDs have been bought, and even his perfume in being sprayed these days.



This young boy is truly changing history whether we know it or not.

Is Bieber going a little bit overboard though? I have asked the one and only Mr. Barnes of NLMS some questions on what he thinks about "Bieber Fever."

First question: **How do you** feel about Justin Bieber – being

famous and all? Mr. Barnes said: "I am not familiar with his music but I know he is hugely popular with young people — mostly the ladies. I find his hair very annoying because of that head-tossing, hair-flip he does that 90% of my male students do now, too.

He is extremely young and crazily wealthy. I could work the crowd just as well as he can so where are *my* millions?"

Next question: What would you do if your cute, little son, Ike, suddenly caught Bieber Fever? Mr. Barnes: "If my son,

See Bieber, page 11

Dreamin' of three-day weekends

By Lindsey Rice
Team 7

When most kids come to school, they're always tired and not awake. So they don't think as hard in their first few classes.

So why can't we have a permanent three-day weekend?

On Friday, kids come home from school and they play with their friends so by Saturday, they're really tired from waking up early from school.

Then to top it all off, some

kids have sports early in the morning! And then by Sunday, they're beat. And that's their only full day off then.

A lot of kids wish the weekend would come and stay for a while. But on Fridays, most kids can't go to their friends' houses and sleep over because they either have softball/baseball, soccer, field hockey, football, track, etc.

So by the time they come home from their sport, they're too tired to do anything. And then they fall asleep.

By Sunday, they don't want to do anything because of sports or just a long weekend with friends. So we should have a three-day weekend so they can go to their sport on Saturday, then on Sunday they can go to their friends' house and then the day after that, they can have more social time.

If we have a three-day weekend, we can have more time to feel good and not be as tired. And that's why I think we should have a three-day weekend.

Trying to find the point behind the 'Gaga'

By Jocelyn Andino
Team 7

Why is Lady Gaga so popular? And why does she wear crazy outfits?. Lady Gaga is popular for the music she makes and sings. She wears crazy outfits because that is a way for her to express herself. Lady Gaga also sings to express herself.

The songs means something. Like the one song she wrote called "Just Dance" and the song is about if you can't dance to just try it because you never know. But if you see a video that she makes, it's so crazy. The outfits and hair styles she wears are crazy; it's not just what she wears in her video, it's every wear she goes. Like one day to an award show, she wears a meat outfit. It was weird and gross.

Lady Gaga is so awesome, even I can't say no to that. There is something about her that makes her so cool. But I don't know what it is, if it is her clothes or her music she makes or her singing. All I know is that people are obsessed with her. Lady Gaga is so cool. And that is why she is possibly popular and people are obsessed with her.



Maybe the 'Bieber Fever' will just disappear

Bieber, from page 10

Ike, somehow, acquired Bieber Fever, I would get him the proper medication to cure the problem. But my son was born with a rockn-roll mohawk, not that annoying Bieber frontwards hairdo.

Final question: **How do you** think Bieber Fever should be

cured? Mr. Barnes: "In all honesty, I don't think 'Bieber Fever' needs a cure. If people your age are into someone who presents a good, positive image (even with the annoying hair), I am fine with that. It's better than some of the bad influences out there that can poison a teen's mind. I think that Bieber Fever will eventually run its

course and it will fade away. That little heart-throb punk can't be dreamy forever. Eventually, we grow up and the ugliness sets in."

Well, there you have it. I hope I provided you with some information about this fever that is very contagious. It is spreading fast, so act quickly!

Spongebob may do more harm than good

By Zaquahn Ingram-Bryant

Team 7

An article recently came out that said Spongebob Squarepants might be bad for our brains. According to The Associated Press, researchers divided a group of 60 children into three groups. One group watched the popular "SpongeBob" cartoon show. Another group watched a PBS cartoon, "Caillou." A third group drew pictures.

Afterward, all three groups took mental function tests. Researchers said children who watched "SpongeBob" did substantially worse on the tests.

The researchers blamed the show's fast-paced programming, and concluded even a short amount of exposure to "SpongeBob" can affect mental ability.

In my opinion, Spongebob does not rot our brains like a recent article de-

scribed. It can actually teach people, even adults, new things.

A girl in California saved her best friend because of watching Spongebob imitate the Heimlich maneuver. She was choking on hot cheese in a mozzarella stick. To this day, those girls are best



friends.

I took a survey out of 11 people and six said Spongebob does rot our brains. The other five said it does not. One person said they love Spongebob and learned how a puffer fish uses its toxins to paralyze an enemy.

Another said they hate the show. It is "way too kiddish" and no human-being should like it.

In my opinion, I think it can teach someone something and anything can teach anyone anything.

Scary things about that first day of school

By Brianna Beatty
Team 7

I surveyed a few people about what they thought was the most frightening thing(s) about their first day of school. Their reactions were: one person had bullying in mind.

Another person was nervous about how their locker and how everything would turn out and, lastly, someone was afraid of the teachers. Another was thinking everything was a shock to her.

Some advice on bullying: Be the better person and walk away. Tell an adult like your parents, the principal, the guidance counselor, a teacher or any adult who can help you. Do not get back at them because then both of you will be in the wrong and you will both be in trouble.

Revenge is never the answer. Two wrongs do not make a right.

Some advice on lockers: If you are having locker problems, here is what to do. First, step back and take a deep breath; maybe even count to 10 in your mind. Next, once you're calm, try to open it again. If it does not work, stay calm. Then, get an adult that is around to help you. Just remember they cannot do it for you forever.

Lastly, make sure you ask for a yellow pass so you do not get a strike for being late. Words can mean anything, but a pass shows it all and keeps you off the hook. Some advice on teachers: Every school is different. Just because you had problems in your last school does not mean you'll have problems in this school. Never judge a person by their appearance. If they don't look nice, have a huge zit, look short or big, etc., it does not necessarily mean they're mean or dumb.

Wait until you enter the class and get to know your teacher before you start being mean. Being mean and discriminating to that teacher or student is being a bully, which is never a good thing.

Don't always rely on the past. Take it one day at a time. Treat others the way you would want to be treated.

Family in the military is scary but an honor

By Jamilette Casillas

Team 7

My article is about one of my family members who is in the military. He is someone who goes out and picks up bodies of deceased people. I hope he does not get scared because he also got shot at, too, so it's really hard to do his job.

Then he goes to work and fixes all their helicopters.

I went with him one time; it was so awesome and I had a fun time. He has his own office so it is nice and quiet. I hope he is being careful in the military.

I feel so scared every time

he is out at war because it is so scary. My family gets so scared, too; we all call each other to see if we are all OK and not scared.

I feel so glad when he comes back home and visits us. I just hope he will never die. I want him to live a long and happy life.

I wish him good luck every time he is out in the battle field.

Sometimes I cry because I never hear from him. My mom and I feel so scared and sad because he went to Iraq and got bombed so many times. I get so scared that sometimes I cry. I wish I could see him every day and I will be so happy and not be scared.



Consider the value of the bracelet before buying

By Gavin Kemery

Team 8

Have you ever wondered what the yellow bracelets people wear stand for? Livestrong bracelets are bands that help support those who have cancer.

Cancer is a devastating disease where the medication and procedures used to help cure it rely on our support.

That is why Livestrong bracelets are designed to provide money for these medications and procedures.

You're probably wondering how much money each band donates to cancer-treating centers. Well, one Livestrong band is \$1 and 80% of the money is donated. That is a lot better than those "I

 Boobies" bracelets. And another perk to the Livestrong bands is they support all kinds of cancer-

treating centers. While on the other hand, "I P Boobies" bracelets only go to one certain type of cancer-treating center.

Livestrong bracelets aren't some boring fashion statement. They are very important symbols in the role of fighting cancer. Livestrong bracelets should be



seen a lot more than they are since they do so much.

So make a change! Instead of wearing those other bracelets, wear a Livestrong band. Maybe you could help save someone's life by giving a single dollar and wearing a band in pride.

Three movies to make you 'scream for mommy'

By Kearstyn Filer
Team 8

Let's just say you and your friends were going to pick out a movie to watch. Would you pick out a action, maybe a romance, how about a horror movie that would make you stay up at night screaming for your mommy?

Well, if you do pick a horror movie, I'll recommend my top three choices that will make you

wish you never listened to me. My number three is The Ring. The Ring was originally a Japanese film called Ringu made in the 1990s, but heed my warning: the remade version is much scarier! The video tape in the movie that the characters watch is very disturbingly scary because shows it bloody water, a dead girl in a mirror, detached fingers in a

box, dead horses, and much more. Also, you get an eerie phone call after the movie stating you have seven days, meaning seven days to live. But how would someone know when you were going to die? Well she doesn't, she kills you herself by scaring you to death and literally rearranging your face. But I won't say who she is - you're going to have to watch the movie to find that out...Good Luck!

Killer dolls? A dead lady? What a horror show! I think **Dead Silence** is the best killer

doll/ghost movie ever, and is my number two. One of the reasons why I picked Dead Silence as my number 2 is the poem the poor town made up to protect the children for the long-dead Mary Shaw...

Beware the stare of Mary Shaw,
She had no children, only dolls
and if you see her in your dreams,
never ever scream,
or she'll rip your tongue out at the seam.



I know what you're thinking: how could a frail old woman try to rip people's tongues if they scream? Well, she was accused of kidnapping a little boy when he went missing, so a group of men went to Mary Shaw's home, made her scream and cut out her tongue, killing her because of the cut artery in her tongue. My second/last reason that Dead Silence is a scary movie is because Mary Shaw (as a ghost) hunts down and kills who ever speaks of her story

or is involved in the families that murdered her so beware!

Dead children playing one, two, three Escondite Ingle's (one, two, three English hide away similar to red light green light), and a boy gone missing!

The Orphanage is a Spanish movie that was made in 2007 and this is my number one! A young couple and their son move into an old orphanage. When it seems like a dream come true, the young

wife's son goes missing. The mother nearly goes insane trying to figure out what happened to her son but then the ghosts of the old orphanage come out to play and reveal the startling secret of the ghosts, the orphanage and the boy's fate. The reason why I really chose this movie is because how startling the effects of

the causes that the people who ran the orphanage, and how sadly the other kids tricked the deformed child to swim killing him and setting the fate of the other children except for the mother who was adopted before the accidental murder. I know there are many scary horror movies out there but I picked **The Ring, Dead Silence,** and **The Orphanage** as my top three, so if you like to watch horror movies that will make you wet your pajamas, then these movies are for you.

Interactively exercise with 'Fuel Up to Play 60'

By Tyler Hoffman *Team 7*

Try going on FuelUpTo-Play60.com and make your own account. On this site, you can see the dashboard, make and do challenges, earn badges and rewards, track the healthy things you ate and played today and see the playbook.

When you log-in or register, you fill out a register sheet and make your pledge you must follow every day. I have some witnesses of the site from our school district.

We have Breanna Hoffman and Madison Hoffman's opinions.

Madison said her favorite part was earning all of the badges. She already earned three and said her least favorite thing was sticking to the pledge because she can't always do it all the time.

Breanna said her favorite thing was creating her own challenges for other people to see her creative ways to stay active.

She also said her least favorite thing was the confusing chal-



lenges. Saying, "Why have such confusing challenges for little kids to do?"

You have just heard from fellow classmates to go on FuelUp-ToPlay60.com.

Does Michael Vick deserve this second chance?

By Jaelese Vargas
Team 7

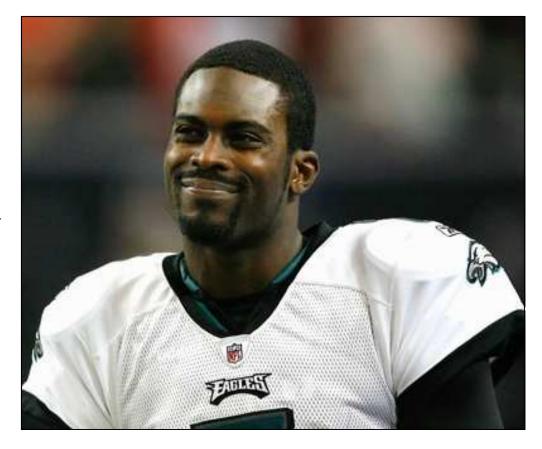
Does Michael Vick, of the Philadelphia Eagles, really deserve a second chance? Personally, I say NO!

For those of you who don't know, in 2006, he spent 23 months in federal prison for organizing pit-bull fights. Sometimes if the dogs did not fight correctly, they would be zapped (in other words: electrocuted) or "splashed" (drowned).

He was a cruel animal-abuser. Michael Vick was very mean and does not deserve a second chance. He was also conceited. All he wanted was money.

He now has a great new contract with the Eagles that he doesn't deserve.

Vick has a two-year contract with the first year worth \$1.6 mil-



lion and a second year option worth \$5.2 million. Vick can also earn \$3 million in incentives over the two years of the contract.

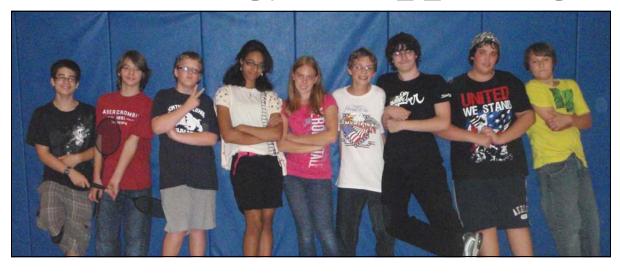
I do not think he deserved all of this.

Health news and gym happenings

Students in the Fall Physical Education classes have been busy improving their fitness scores on strengthening stations at Fit America, cardiovascular running events, and the indoor fitness room equipment. Students also learned have more about soccer, field hockey, flag

football, lacrosse, tennis, basketball, volleyball, badminton, and ping pong.

Fall 2011 Mile Run Top 5: 7th Grade girls: Darby Pender – 6:29, Maddie Ligenza – 6:52, Sara Hunsicker – 7:22, Precious Capers – 7:32, Samantha Olewine – 7:33. 7th Grade boys: Ashton Bevans – 6:07, Everette Bevans – 6:35, Jacob Kistler – 7:00, Shayne Davis – 7:08, David Custer – 7:48. 8th Grade girls: Taylor Herman – 7:46, Ashley Conklin – 8:03, Britani Pristash – 8:33, Ashley Handwerk – 8:35, Meghan Miller-Brown – 8:47. 8th Grade boys:



Gavin Kemery – 5:28, Gage Christ – 6:20, Nick Uebele – 7:00, Jakob Traca – 7:00, Daniel Patterson – 7:11.

Fall 2011 Intramurals Girls Participants: Ashley Anderson, Jocelyn Andino, Brieana Andrews, Brianna Beatty, Tiffany Bowers, Samantha Brown, Precious Capers, Jamilette Casillas, Alyssa Crespo, Deandra Delora, Danielle Fleming, Danielle Gochenauer, Jasmine Grant, Kaitlyn Harding, Sage Hargreaves, Annabel Hillegas, Nicole Jacoby, Allison Kane, Jennifer Knerr, Shelby Kreglow, Randi McRae, Alize Martinez, Jordan

Moser, Samantha Olewine, Kiara Rhyne, Haley Schlegel, Kiera Shellhammer, Andrea Snyder, Taylor Sook, Jaelese Vargas, Ashley Wilcrout, Calista Zempel.

Boys Participants: Jarret Berger, Ashton Bevans, Jacob Brunt, Zaquahn Ingram-Bryant, Collin Bush, Jacob Corwin, Austin Folio, Mason Gossy, Hunter Hanzarik, Joseph Mackaravitz, Shawn Reese, Jovani Rodriguez, Matthew Romig, Hunter Romig, Tyler Smith, Nicholas Steigerwalt, Tyler Varilek, James Yoder.



Phillies dominate again, then fall short

By Brian Lutz
Team 8

The Philadelphia Phillies dominated this baseball season but never made it to the World Series. Some highlights were when the Phillies won five consecutive games.

Some downfalls were when they lost six consecutive days. As they dominated the regular season, they didn't do so well in the postseason.

Against the Cardinals in Game 1, Ryan Howard hit a home run to win the game but in Game 2, Shane Victorino struck out to lose the game. In Game 3, Raul Ibanez dropped the ball but hit a pop fly only to have a Cardinal player miss it to win Game 3.

In Game 4, Victorino and Howard hit home runs and Carlos Ruiz got hit hard to lose Game 4.

In Game Ibanez made an amazing left-field catch and Howard tore his Achilles tendon while running to first base to lose Game 5. The Phillies lost in the playoffs against St. Louis but for next year, Ibanez and Jimmy Rollins might be traded for players. different

Howard is expected to be unable to play for some of the 2012-2013 season. The Phillies will be back to



Ryan Howard's season ended with a painful 'pop.' The Phillies' season ended here as well. The Mets' season ended way earlier.

dominate the world of baseball again and surpass the Yankees and anyone else in their way.

New video games unleashed: Smackdown or Raw?

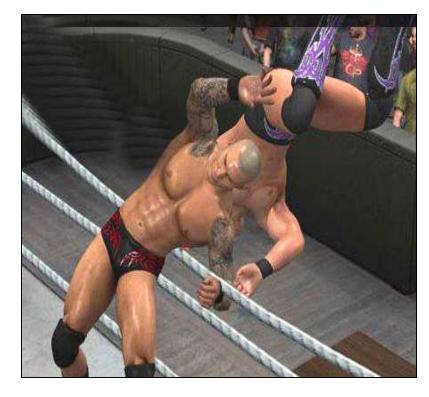
By Kiara Rhyne
Team 7

A recent video game by THO was released. WWE Smackdown vs Raw 2011 for PS2, Xbox 360 and PSP has features where you create your own superstar or diva. This allows you to create your own wrestler and go on the road to Wrestlemania.

There is also a storyline creator where you create scenes and matches.

There are new kinds of championship matches. In the road to Wrestlemania, you can play as Rey Mysterio, Christian, Undertaker, John Cena and your created superstar.

In Raw, you are the superstar you chose and the realistic backstage houses most of your adventures. This is a great game and I would recommend it for anyone who loves to fight.





Jasmine Grant went back in time for Retro Day during Spirit Week. (Right) Rebecca Blocker went back to the 'malt shop' days. (Whatever happened to malr shops anyway?)



Gavin Kemery and Karlyna Kemery were twins on Twins Day. (right) Haley and Star Stragratanio are twins everyday.



